

Alberta Addiction and Mental Health
<https://www.albertahealthservices.ca/amh/amh.aspx>

Emergencies	911
Health Link	811
Addiction Helpline	1-866-332-2322
Mental Health Helpline	1-877-303-2642
Information and Referral Specialist help	1-888-594-0211
Family Violence Info Line phone or text	310-1818
https://www.alberta.ca/family-violence-find-supports.aspx	

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